

# List of (108) Research proposals received under SPUR Scheme as on 15.11.2024

SL No.	Application ID	First Name	Middle Name	Last Name	Proposal Title
1	SPUR240410	Zeeshan	Mohd	Shahid	Safoof-e-Chutki in Treating Diarrhoea in Children: A Systematic Review Study.
2	SPUR240052	FAIZA		NOOR	Evaluation of Psychological Status across Different Mizaj (Temperaments) in Unani Medicine
3	SPUR240459	Syed	Afzal	Hussain	Therapeutic Evaluation of Neuropharmacological Effects of Roghan-e-Banafsha Nasal Drops in the Patients of Insomnia: An Exploratory/Pilot Clinical Study
4	SPUR240460	Uzma		Abid	A Randomized controlled pilot clinical study to evaluate the efficacy of Inkibāb (medicated steam therapy) in the treatment of Knee osteoarthritis
5	SPUR240346	Areeba		Maroof	Safety profile of commonly used Unani Regimenal Therapies- A hospital Based Observational Study
6	SPUR240401	Zaeema		Midhat	Prevalence of Tinea Corporis in Children: A Cross-Sectional Observational Study
7	SPUR240403	Adiba		Fatima	Evaluating the Safety index of Unani medicine. Debunking myths and fostering trust
8	SPUR240378	Md	Ali	Afzal	Effect of Kabus, Tikor, bakhoor and Hijama (Bila Shurt) in polycystic ovary syndrome- A Pilot Study.
9	SPUR240464	TUBA		SHABBIR	The Synergistic effect of Kalonji and Lehsun in DAGHT AL-DAM QAWWĪ (Hypertension) Management: A Classical Unani Literature Review.
10	SPUR240416	Syeda	Afifa	Noorain	The Path to Cloudy Lenses: Understanding Etiopathogenesis of Cataract (NAZŪL AL-MĀ') in light of Unani medicine.
11	SPUR240408	Syeda	Faiqa	Unnisa	THERAPEUTIC IMPORTANCE OF BISKHAPRA (Triantha

					portulacastrum) IN THE MANAGEMENT OF CKD
12	SPUR240405	Syeda	Masrath	Unnisa	The efficacy of _kalongi_ (Nigella sativa) in preventing and managing the premature greying of hairs_(Shaeb)_
13	SPUR240452	MARIYA		MOHAMMAD I	"UNANI CONCEPT OF GHIZA -E- GHALEEZ AND ITS CORRELATION WITH MODERN CONCEPT OF HYPERCOAGULABILITY AND CHRONIC DISEASES" - A LITERATURE REVIEW
14	SPUR240449	Syeda	Safoora	Fatima	EVALUATE THE POTENTIAL OF REGIMENAL THERAPY (ILAJ BI'L-TADBEER) IN UNANI SYSTEM OF MEDICINE:A LITERATURE REVIEW
15	SPUR240691	Muskan		Fatima	Therapeutic Potential of Nigella Sativa(Kalonji) in the Management of Insomnia . ( Randomised controlled trial)
16	SPUR240444	MOINA		FATIMA	ANALYZE THE EFFICACY OF UNANI MEDICINE IN THE MANAGEMENT OF SKIN DISEASES:A COMPREHENSIVE SURVEY
17	SPUR240445	Fatima		Saba	MANAGEMENT OF ANEMIA WITH FEASIBLE UNANI DIET STRTEGIES- A REVIEW STUDY
18	SPUR240448	Sanayya		Mahvash	Evaluate patient satisfaction and awareness in unani medicine: A survey in Government Unani Hospital.
19	SPUR240425	Sumera		Mehnaaz	Comparative Efficacy of Unani Regimenal Therapies in the Management of Anxiety Disorders
20	SPUR240390	Neha	Perween	Md Noorullah	Clinical study on antidiabetic effect of Chamaecostus cuspidatus( insulin plant)
21	SPUR240392	ABDUL		JABBAR	"Standardization and In vitro Evaluation of Anthelmintic Activity of Arq Ajeeb"
22	SPUR240050	MUHAMMED	ATHIL	NK	Unlocking the Herbal Treasures of the Western Ghats: A Digital Repository of Unani Medicinal Plants

23	SPUR240049	Syed	Asrar	Ahmed	A comprehensive review on Ananas comosus: it's ancient uses and recent scientific studies.
24	SPUR240406	Ayesha		Tarannum	An Experimental Study: Therapeutic Effect of Sufoof-e-Asl-us-Soos (Glycyrrhiza glabra) in the Management of Tabkheer-e-meda (Gastroesophageal Reflux Disease) in MNC Workers"
25	SPUR240715	MALAK HATIF		AASIF	Role of Ilaj bit Tadbēr in the Management of Pain and Disability of Irqunnasā (Sciatica) - A Review
26	SPUR240454	MOHD	NOOR	UL HAQ	"The Role of Vaj (Acorus calamus) and Abhal (Juniperus communis) in the management of Hadba (kyphosis) among Adolescents: A Randomized Clinical Trial"
27	SPUR240373	Anaam	Fatema Salim	Shaikh	To evaluate the prevalence of symptoms of Zoaf e Meda (Gastroparesis) among healthy individuals: A Cross-sectional study
28	SPUR240349	Anul		Nisha	"Optimization of Arq Badiyan by Manipulating the Drug:water ratio & physiochemical Evaluation of the Optimized Samples"
29	SPUR240386	Zainab	Shamim	Shaikh	Impact Of Diet And Lifestyle On The Age Of Menarche In Adolscent School girls
30	SPUR240173	Sabir		Hadhi	Management of Bacterial Vaginosis with Mocharas (BOMBAX MULABARICUM) in women of reproductive age group-An observational study.
31	SPUR240371	Fathima	Hiba	Hiba	Therapeutic potential of Aromatherapy in unani Medicine
32	SPUR240388	Ramsha	Rafiuzzama	Ansari	To evaluate the prevalence of leucorrhoea (sailan-ur-rahem) in hostellites.
33	SPUR240189	Dilshana		Pari	Standardization and Patient-Friendly Packaging for Potent Unani Nuskha for Joshanda
34	SPUR240376	Reniya		Y	Evaluating the Efficacy of Darchini (Cinnamomum zeylanicum) in the Treatment of Tashannuji usre tams primary dysmenorrhoea.

35	SPUR240200	Karima		Anees	"Assessing the efficacy of Majoon e Najah capsules (MNcf) in alleviating climacteric symptoms: A pilot study."
36	SPUR240394	MERAJ		FATIMA	Assessment of Stress and Coping Mechanism in Undergraduate Students of Unani
37	SPUR240696	Faiza		Mirza	Evaluating the effect of Fasd (Venesection) and Bisfajj for Effective Management of Primary Varicose Veins: An Open Randomized Comparative Clinical Trial."
38	SPUR240357	Syed Mohammad	Tahir	Hussain	Palatability Evaluation of Itrifilaat used as Mulayyan on healthy Human volunteers: A Randomized, Open, Exploratory study.
39	SPUR240216	MOHD		SHAHABAZ	PHYSIOLOGICAL CHANGES IN THE BODY DURING CUPPING THERAPY-AN OBSERVATIONAL STUDY.
40	SPUR240557	Abdul		Moghni	To study the transformation of semisolid or semiliquid herbal compound formulation into a sachet or pouch dosage form.
41	SPUR240735	Sana	Mushtaq	Bhat	Correlation between gadget addiction and development of diseases in OPD cases
42	SPUR240207	Gulfisha	Ilyas	Khan	EFFECTIVE STRATEGIES FOR TREATING DIABETIC FOOT ULCER IN UNANI SYSTEM
43	SPUR240710	Bushra		Fathima	Efficacy of Matbookh-e-Chuqandar and Rayi as Ghasool in Inteshar Al-Sha'r (Hair Loss) - A Single - arm open labelled clinical trial.
44	SPUR240428	Zainab		Khanam	Critical assessment of the concept of Mizaj-e-advia (Temperament of Drugs) with respect to current knowledge about the pharmacological action of some Unani drugs.
45	SPUR240402	NAVRIN		NEHA	An observational study on "THE PREVALENCE OF HUDAR (RHEUMATOID ARTHRITIS) in Patients Attending general OPD at Govt.Nizamia General Hospital."

46	SPUR240434	Zishan		Ahmad	CONCEPT AND MANAGEMENT OF DENGUE FEVER IN UNANI MEDICINE
47	SPUR240421	Abeda		Begum	An Open Label, Single arm, Clinical Study to evaluate the Efficacy of Sharbat-i-Faulad in the Management of Faqr al-Dam (Anaemia)
48	SPUR240438	Adeeba		Fatima	Efficacy of hijamah bilashurt (dry cupping) in management of Tahajjur e mufasil Al kataf (Adhesive capsulitis)
49	SPUR240397	FAIZAN		AZHAR	IN VITRO ANTI-UROLITHIATIC EFFECT OF HYDROALCHOHALIC EXTRACT OF UNANI PHARMACOPEIAL FORMULATION ON CALCIUM OXALATE CRYSTALLIZATION
50	SPUR240273	FAHAD		.	Marham Dau-s-Sadaf (A novel Unani Ointment for Psoriasis): Development of Standard Operating Procedure and its topical therapeutic screening
51	SPUR240427	Tajali		Manzoor	."Efficacy of Dalak-i-Layyin Kathir (Soft Prolonged Massage) with Roghan-i-Shifa in Waja-ur-Raqaba (Cervical spondylosis) - A Randomized Controlled Clinical Trial".
52	SPUR240413	Shaikh Atifa	Taskeen	Mohammad Muzaffar	Development of Herbarium sheet of Unani medicinal plants around Kalaburagi city with particular relevance to common diseases
53		Mohd	Saad	Khan	Effect of Nutool Therapy in Stress Management

54	SPUR240356	Mehreen		Ali	Knowledge, Attitude, and Practices (KAP) Study on the New Curriculum of NCISM for BUMS First and Second Professional among Students and Teachers at Ayurvedic and Unani Tibbia College & Hospital
55	SPUR240412	Mulla	Nafisa	Sardar	Prevalence of Problematic Internet Use Among Internet Users in Kalaburagi District, Karnataka State
56	SPUR240365	Adeeba		Mirza	Therapeutic evaluation of Vaginal Douche of Arq Kasni followed by Pessary of Marham Dakhilyoon in Lower Genital Tract Infections and Inflammation: A Pilot Study
57	SPUR240706	Sadaf	Manzoor	Wani	Efficacy of Dalk-i-Layyin Kathir with Roghan-i-Babuna in the management of Waja'ul Katif (Frozen shoulder)
58	SPUR240426	Mohammad	Momin	Jagoo	Efficacy of Dalak with Roghan-Sir in the management of pain and disability of 'Irq al-Nasa' (Sciatica) - A Randomized Controlled Clinical Trial
59	SPUR240423	Ruheenaaz	Ruhee	Naaz	Development of standard Operating Procedure (SOPs) for a poly herbal Unani formulation Safoof e Bars.
60	SPUR240947	Khan	Sana	Parveen	A Comprehensive Review on the Efficacy and Management of Dyslipidemia

					(Dasumat-e Dam) and Obesity (Siman-e-Mufrit) Using Unani Medicine Approaches.
61	SPUR240223	Shaikh Muzammil Ahemad Shaikh Abdul Gani	Muzammil Ahemad	Shaikh Abdul Gani	Prevalence of Acne Vulgaris and its impact on Quality of Life among Medical Students: A Cross-Sectional Study
62	SPUR240363	JISHAN		AHAMED	TITLE OF THE STUDY A Pilot study of effects on biochemical parameter ESR after fasd in waja-ul-mafasil.
63	SPUR240272	Ayesha		Firdous	"A PILOT STUDY ON THE EFFICACY OF ROGHAN E KADDU FOR MANAGING INSOMNIA IN GERIATRICS"
64	SPUR240420	Kaneez		Fatima	"EFFICACY OF SHARBAT ZANJABEEL VS HIJAMA -BILASHART IN THE MANAGEMENT OF USR-I-TAMTH (DYSMENORRHOEA)"
65	SPUR240700	Pathan Sajeed	Shakeel	Kha	Prospective Pre-Post Study on the Efficacy of Rogan-e-Suranjan in Managing Waja al-Rakba (Knee Osteoarthritis)
66	SPUR240583	Ghaneem	Hassan	Hassan	Efficacy of Roghan-i-Badām Shirīn and Itrifal Ustukhudus in Managing Allergic Rhinitis: A Case Series Study.
67	SPUR240455	SYED	MAHMOOD	UL HASAN	"Efficacy of Kamila [Mallotus philippinensis] in the Management of Bahaq (Pityriasis Versicolor)"- A RCT

68	SPUR240414	LONE	SHAHID	MANZOO R	Clinical evaluation of Mijaz [Temperament] in the patients with myocardial infraction(Al-Tanakhkhur al-Insidādī li 'Aḍal al-Qalb)
69	SPUR240554	Jannat		Manhas	Knowledge of Unani Medicine and Determinants of its utilization for children: a parental level community-based cross-sectional study.
70	SPUR241657	Soofiya		Qureshi	A primary study to assess the utilization and satisfaction of AYUSH services integrated with Aam Aadmi Polyclinic in Delhi State
71	SPUR240466	Ayesha		Siddiqa	A Pilot Study on Efficacy of Unani Muffarad Advia Hiltet (Ferula foetida Regel), Zanjabeel (Zingiber officinale) and Qand-e-siyah (Saccharum officinarum) in the Management of Warmi (Inflammatory) an
72	SPUR240838	Bushra Naaz		Mohammad Ilyas Shaikh	Design Development and Evaluation of a Novel OTF of Toot Siyah for Effective Treatment of Tonsillitis: In vitro Evaluation
73	SPUR240552	Ifra Samreen	Ifra	Samreen	Efficacy of Hijama Bil Shurt in Busoore Labaniya (Acne Vulgaris)
74	SPUR241623	Aquib		Adnan	Nutritional knowledge and Practices among Adolescents- A cross-sectional study.



75	SPUR240707	IRAM	ANJUM	KHAN	The efficacy and safety of Sa'ūṭ with Ravghan-i-Babuna in the management of Sahar (Insomnia): A preliminary study
76	SPUR240255	Saima	Nuzhat	Mohammedi	Evaluation of the Effect of Pashoya Therapy on Pain Management and Functional Improvement in Plantar Fasciitis Patients.
77	SPUR240562	Iram		Maqbool	Comparative Physiochemical and Phytochemical evaluation of Angelica glauca, a folklore medicine, from two different geographical sources of Kashmir"
78	SPUR240411	MOHAMMAD MUJAHID		MOHAMMAD MOHSIN	Efficacy of Tabasheer and Gul e Surkh in Qulaa-e-Dahan (Acute Stomatitis): A Pilot Study
79	SPUR240695	Sameer		Khan	Evaluation of efficacy and safety of Ḍimād-e-muhallil In the management of Frozen shoulder (waja-ul- katif)
80	SPUR240740	Sachin	Sachin Bhagat	Bhagat	Efficacy of Abzan { Sitz bath } in management of External Hemorrhoids – an observational study
81	SPUR240204	MOHD		ZEESHAN	Redesigning of Joshanda-e-Nazla-wa-Zukaam into gummy candies along with its physicochemical evaluation
82	SPUR241676	Ansari	Hanzala	Mumtaz Aalam	Efficacy of Roghan-e-Kamila and Qurs-e-Asfar in Treatment of Psoriasis: A Systematic Review

83	SPUR240852	Wasim	Ahmad	Malik	Exploring the Relationship Between Acne Vulgaris and Temperament (Mijaaz): A Cross-Sectional Study on the Impact of Bodily Humors on Dermatological Health
84	SPUR241643	Khateeja	Tul	Kubra	A study to assess the awareness and acceptability of Unani Medicine in Vijayanagar, Bengaluru.
85	SPUR240698	Aneeqa	Zinnurain	U.A	Review of the book 'Kitab al Umda fil Jarahat': An Exploration of Medieval Unani Surgical Techniques.
86	SPUR240511	AALIYA		ZEHRA	Assessing Awareness, Popularity and Acceptability of Unani System Of Medicine among the people of Prayagraj, Uttar Pradesh.
87	SPUR240704	Mir	Mohammed	Rayyan	A Study on Diabetes Mellitus - Types, Causes and Control
88	SPUR240361	INZAMAMU L		BASHAR	Nephrotic Syndrome and it's treatment (featuring mainly children)
89	SPUR240415	Saniya		Parveen	A Systematic Review on concept of Tadabeer-e-zeenat-e-sha'r (Hair Cosmetics) in Unani system of Medicine
90	SPUR240561	Uzaira		Riyaz	Prevalence of non-alcoholic fatty liver disease in individual of different temperament.
91	SPUR240708	Mariam		Khan	Single blind Randomized clinical study on iya [Fibromyalgia] with

					Nutool and Habb e Asgand
92	SPUR240701	Sayeeda		Kubra	Awareness and Perception about Premature Ovarian Failure among medical students: A cross-sectional Analysis
93	SPUR240007	MOHAMMAD	SULAIMAN	MAGRAY	DONE
94	SPUR240451	RUQAIYA		FATIMA	“A Randomised Controlled Clinical Study to Evaluate the Efficacy of Giloy (Tinospora cordifolia) in the treatment of Hepatocellular Juandice- A Pilot Study”
95	SPUR240374	S.	SHAFIKA	NASRIN	Evaluating the Influence of Mizāj (Temperament) of Fruits on Digestion Enzymatic Activity
96	SPUR240368	YUSRA	QURAIN	KZ	Clinical Evaluation of Ithrifal Shahithra in the Management of Nar E Farsai (Eczema): A Non Randomized
97	SPUR240380	SUZIYA	ALMAS	A	Formulation and Evaluation of Lauq Katan Lozenges
98	SPUR240367	SHAIK	AMIRA	AFREEN	Clinical Efficacy of Ithrifal Muqil in the Management of Dasumath E Dam (Dyslipidemia)– A Non-Randomized Single-Arm Clinical Trial
99	SPUR240369	BARERA		R	Clinical Evaluation of Mufarreh Ahmadi in the Management of Humuzath-e-Medi (Acid Peptic Disease)– A Non-Randomized Single-Arm Clinical Trial

100	SPUR240370	THANZEELA		S	Efficacy of Majoon-e-Zeekh in the Management of Diq al Nafas (Bronchial Asthma): A Non-Randomized Single-Arm Clinical Trial
101	SPUR240387	AALIYA	ZAKIR	HUSSAIN KHATRI	A cross-sectional study of artificial intelligence tools usage pattern. Impact and ethical consideration among Dental, Unani, Pharmacy and Physiotherapy students
102	SPUR240669	UMAR	FAROOQ	M. JAMADAR	Effect of Safūf Sandal Dhayābītus wala in the management of Dhayabitus sukkari Qism Thani (T2DM): A Randomised standard controlled trial.
103	SPUR240462	MANSOORI	ALIYA	FATIMA	Therapeutic evaluation of topical unani formulation in the treatment of Hazaz (Pityriasis (APITIS) – A Randomized open label control trial.
104	SPUR240568	AYESHA		KULSUM	Efficacy and safety of tukhm-e-Sambhalu (Vitex negundo Linn.) in postmenopausal women with hot flashes – A randomised double blinded placebo-controlled study
105	SPUR240461	SHAIKH	NAHEDA	SALMA NOORUL MOBIN	Therapeutic evaluation of the effect of 'Dimād-i-ustukhuddus'vs diclofenac gel (1%) in the treatment of wajulmafasil (Knee OA): A Randomized open label Control clinical trial.
106	SPUR240418	AFZAL	BASHEER	AHMED KACHAPUR	A randomized double-blind pilot study to evaluate the efficacy, safety of the extract of Punica granatum (anar) in women with Su'alqinya in comparison with ferrous sulphate.

<b>107</b>	<b>SPUR240590</b>	ZEBA		NOUSHEE N	Dietary intervention in the management of GERD through Unani perspective
<b>108</b>	<b>SPUR240409</b>	IRAM		FATIMA	Prevalence of Malnutrition ( Among Children of ( نقص تغذیه ( اشاعت ) Primary Schools in Urban Areas of Prayagraj District.