

Provisional shortlisted proposals under SPUR Scheme 2024

S. No	SPUR - ID	Student Name	Proposal Title	Name of the College
1.	SPUR240373	Anaam Fatema Salim Shaikh	To evaluate the prevalence of symptoms of Zoaf e Meda (Gastroparesis) among healthy individuals: A Cross-sectional study	Z.V.M. Unani Medical College and Hospital, Pune 411001
2.	SPUR240346	Areeba Maroof	Safety profile of commonly used Unani Regimenal Therapies- A hospital Based Observational Study.	School of Unani Medical Education & Research, Jamia Hamdard, New Delhi
3.	SPUR240255	Saima Nuzhat Mohammadi	Evaluation of the Effect of Pashoya Therapy on Pain Management and Functional Improvement in Plantar Fasciitis Patients.	Ajmal Khan Tibbiya College, AMU
4.	SPUR240706	Sadaf Manzoor Wani	Efficacy of Dalk-i-Layyin Kathīr with Roghan-i-Babūna in the management of Waja'ul Katif (Frozen shoulder)	Kashmir Tibbia College Hospital and Research Center
5.	SPUR240204	Mohd Zeeshan	Redesigning of Joshanda-e-Nazla-wa-Zukaam into gummy candies along with its physicochemical evaluation	Ajmal Khan Tibbiya College, AMU, Aligarh
6.	SPUR241643	Khateeja Tul Kubra	A study to assess the awareness and acceptability of Unani Medicine in Vijayanagar, Bengaluru.	Government Unani Medical College, Bangalore
7.	SPUR240365	Adeeba Mirza	Therapeutic evaluation of Vaginal Douche of Arq Kasni followed by Pessary of Marham Dakhilyoon in Lower Genital Tract Infections and Inflammation: A Pilot Study	School of Unani Medical Education & Research, Jamia Hamdard, New Delhi
8.	SPUR240215	Mohd Saad Khan	Effect of Nutool Therapy in Stress Management	Ajmal Khan Tibbiya College, AMU, Aligarh
9.	SPUR240349	Anul Nisha	Optimization of Arq Badiyan by Manipulating the Drug:water ratio & physiochemical Evaluation of the Optimized Samples	School of Unani Medical Education & Research, Jamia Hamdard, New Delhi

10.	SPUR240459	Syed Afzal Hussain	Therapeutic Evaluation of Neuropharmacological Effects of Roghan-e-Banafsha Nasal Drops in the Patients of Insomnia: An Exploratory/Pilot Clinical Study	School of Unani Medical Education & Research, Jamia Hamdard, New Delhi
11.	SPUR240460	Uzma Abid	A Randomized controlled pilot clinical study to evaluate the efficacy of Inkibāb (medicated steam therapy) in the treatment of Knee osteoarthritis	School of Unani Medical Education & Research, Jamia Hamdard, New Delhi
12.	SPUR240380	Suziya Almas A	Formulation and Evaluation of Lauq Katan Lozenges	Government Unani Medical College, Arumbakkam, Chennai- 600001
13.	SPUR240050	Muhammed Athil N. K.	Unlocking the Herbal Treasures of the Western Ghats: A Digital Repository of Unani Medicinal Plants	Markaz Unani Medical College and Hospital
14.	SPUR240462	Mansoori Aliya Fatima	Therapeutic evaluation of topical unani formulation in the treatment of Hazaz (Pityriasis Capitis) – A Randomized open label control trial.	Luqman Unani medical college, hospital and research centre Vijayapura-586101 Karnataka, India.
15.	SPUR240369	Barera R	Clinical Evaluation of Mufarreh Ahmadi in the Management of Humuzath-e-Medi (Acid Peptic Disease)– A Non- Randomized Single-Arm Clinical Trial	Government Unani Medical College, Arumbakkam, Chennai- 600001
16.	SPUR240427	Tajali Manzoor	Efficacy of Dalak-i-Layyin Kathir (Soft Prolonged Massage) with Roghan-i-Shifa in Waja-ur-Raqaba (Cervical spondylosis) - A Randomized Controlled Clinical Trial”.	Kashmir Tibbia College Hospital & Research Centre Shilvat Bandipora
17.	SPUR240838	Bushra Naaz Mohammad Ilyas Shaikh	Design Development and Evaluation of a Novel OTF of Toot Siyah for Effective Treatment of Tonsillitis: In vitro Evaluation	Iqra Unani Medical College & Hospital, Jalgaon
18.	SPUR240408	Syeda Faiqa Unnisa	Therapeutic Importance of Biskhapra (<i>Trianthema portulacastrum</i>) in the Management of CKD	Government Nizamia Tibbi College, Hyderabad
19.	SPUR240052	Faiza Noor	Evaluation of Psychological Status across Different Mizaj (Temperaments) in Unani Medicine	Ajmal Khan Tibbiya College, AMU, Aligarh

20.	SPUR240852	Wasim Ahmad Malik	Exploring the Relationship Between Acne Vulgaris and Temperament (Mizaj): A Cross-Sectional Study on the Impact of Bodily Humors on Dermatological Health	Government Unani Medical College & Hospital, Ganderbal Kashmir
21.	SPUR240411	Mohammad Mujahid Mohammad Mohsin	Efficacy of Tabasheer and Gul e Surkh in Qulaa-e-Dahan (Acute Stomatitis): A Pilot Study	Al Ameen Unani Medical College and Hospital, Malegaon
22.	SPUR240554	Jannat Manhas	Knowledge of Unani Medicine and Determinants of its utilization for children: a parental level community-based cross-sectional study.	Govt. Unani Medical College, Kashmir
23.	SPUR240448	Sanayya Mahvash	Evaluate patient satisfaction and awareness in unani medicine: A survey in Government Unani Hospital.	Government Nizamia Tibbi College, Hyderabad
24.	SPUR240356	Mehreen Ali	Knowledge, Attitude, and Practices (KAP) Study on the New Curriculum of NCISM for BUMS First and Second Professional among Students and Teachers at Ayurvedic and Unani Tibbia College & Hospital	Ayurvedic & Unani Tibbia College & Hospital, Delhi
25.	SPUR240200	Karima Anees	Assessing the efficacy of Majoon e Najah capsules (MNcf) in alleviating climacteric symptoms: A pilot study.	Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh

Note:

1. Serial No. **3** (SPUR240255), **4** (SPUR240706), **8** (SPUR240215), **14** (SPUR240462), **15** (SPUR240369), **16** (SPUR240427) and **18** (SPUR240408) have been considered as pilot studies. In this regard, these proposals should be revised as pilot studies and submitted along with the Case Record Form (CRF) and informed consent documents by 20th January, 2025.

2. All the clinical pilot studies listed in the above table should be initiated only after obtaining clearance from the Institutional Ethics Committee (IEC).
3. The award letter will be issued to the candidates after they submit an acceptance letter by 20 January 2025.